



Audubon

Seward Park
Audubon Center

PARTICIPANT INFORMATION

Greetings Parents and Guardians!

Your teenager will be participating in a Seward Park Audubon Center program called Elevation. This leadership development and environmental education program will create opportunities for youth in our communities, by connecting teens with the environment and fostering a personal connection to nature, restoration, and ecology. As teens take up the mantle of caretakers for their environment, they become role models for the wider community. Our goal is to give teens an opportunity to center themselves, lead and develop community-based actions that contribute to the ecological health and betterment of the places they call home.

During our program, we will have occasional site visits to locations other than Seward Park where students will have the opportunity to meet with leaders of conservation in amazing settings. We will also attend nature walks and reforestation events that will bring students outdoors for nature-based field study, investigation, and hands-on exploration of the vibrant ecosystem of Seward Park and Lake Washington. Additionally, we may visit Olympia, WA where students will have the opportunity to meet Representatives at the Washington State Legislature.

PLEDGE

- **Have fun!** We want you to enjoy your time with us and your time in nature. Help us make this an amazing experience.
- **Stay with the group.** Listen carefully when the group leaders give instructions about sticking with the group or sticking with an assigned partner.
- **Respect for each other.** Our goal is to offer a safe space for everyone participating. We pledge to put forth our best selves when we show up for the program.
- **Respect nature.** During our program we might be in contact with animals or plants. For your own safety, be mindful of potential dangers and don't assume you can touch everything. Always ask first.
- **Respect the rights of other park visitors and animals** that live in the park to a pleasant and peaceful environment. Excessive noise or throwing things is extremely stressful to the animals that call the park home.
- **Dress for the weather.** It can always rain in Seattle. Come prepared for rain and cold weather. Try to dress in layers so you can add and subtract, as necessary. Don't forget your rain jacket, and shoes appropriate for the weather.
- **Protect the forest.** Please place trash where it belongs, in either trash receptacles or recycling. Trash and recycling receptacles are available throughout the park.

- **Connect to nature.** Let's be present for each other during our program and limit the use of smartphones, tablets and electronic devices as much as possible. There will be specific times when we will need electronic devices for the program.

Please note:

The safety of our students is our highest priority. We work hard to maintain an environment where students can participate in activities safely. If a student suffers a serious injury, we will call 911 and we will notify their parent or guardian.

For safety and liability reasons, people who are not signed up for the program are not allowed.

Accommodations, Medical Conditions & Disabilities

To help ensure that your student has a positive experience, please share information about any special needs that staff should know about at the time of registration. If it would be helpful, staff are available to meet with a parent or guardian to discuss special needs prior to the start of the program.

If your child has any food or substance allergies, please let us know when you register. For severe allergies that require an EpiPen, please complete an Emergency Plan for Allergic Reactions. We'll follow up with families who submit an emergency plan. Please be aware that our program does not take place in a nut-free environment.

Parents/guardians are responsible for providing any necessary medical supplies for allergies (e.g., EpiPen). Except for an EpiPen for severe allergic reactions, our staff are not licensed to dispense medications to students.

Seward Park Audubon Center strives to help individuals overcome challenges by providing access, equal opportunity and reasonable accommodation in its services, programs, activities and education for individuals with disabilities. Please share how we can support your child's participation in our programs prior to registration. For information on requesting disability accommodations, contact the Youth Programs Manager at gabriela.rivarde@audubon.org

Thank you and we look forward to hosting your student for our program.

Best Regards,

Gabriela Rivarde

Youth Programs Manager | 206.210.5620 | gabriela.rivarde@audubon.org

RELEASE OF LIABILITY & USE OF IMAGE BY PARENT/GUARDIAN OF CHILD PARTICIPANT

Child's Name: _____ Child's Date of Birth: _____

As the parent and/or legal guardian of the child named above, I wish for my child to participate in National Audubon Society, Inc.'s ("Audubon") program identified above (the "Program"), which may include in-the-classroom and outdoor field trip experiences. I understand that there are possible dangers associated with the Program, including but not limited to, hiking, outdoor activities and sports, exposure to water, and physical and hands-on work. I understand that my child's participation in the Program may involve sustained physical activity. I know the nature of the events and the participant's experience and capabilities and believe the participant is qualified to participate in the event with or without accommodation.

I agree that my child is participating in the activity at my own risk and acknowledge that Audubon has made no warranty or representation, expressed or implied, regarding the safety of conducting this activity at this site.

I hereby grant permission to Audubon to reproduce my child's appearance, name, likeness, voice and biographical information in connection with the Program in all manners, including promotional materials, and any and all media, including the Internet, throughout the world and in perpetuity.

Check this box **only** if you wish to opt out of "use of image" release.

I expressly release Audubon, its officers, directors, employees, agents licensees, successors and assigns from and for any and all claims, demands or causes of action which I have or may have for (i) libel, defamation, invasion of privacy or right of publicity arising from Audubon's use of my child's appearance, name, likeness, voice and biographical information, including but not limited to, the distribution, broadcast or exhibition thereof or (ii) on account of any loss, damage, or injury to person or property suffered or incurred by my child, except by Audubon's negligence, in connection with any aspect of my child's participation in the Program or in any Program-related activity, including any transportation arranged by, paid for or provided by Audubon.

This release shall be binding upon me and my heirs, next of kin, executors, administrators and assigns. By signing below, I acknowledge that I have thoroughly read and understand this form and that the statements I have made are all true.

Parent/Guardian Signature: _____ Date: _____

Print Name: _____

Home Address: _____

Email Address: _____

Check this box if you grant permission to your child to depart the center unaccompanied.